## **BONUS Mini Lesson With Color!**

Get ready to relax and have fun with COOL colors.

Here we go!

One of the amazing characteristic of color is that it can easily be used to create an emotional response in a design or piece of art!

COOL colors consist of blues, greens and purples, and they generally reflect a sense of calm and serenity They are soothing and relaxing!

Step1: Print out your mandala design (or create your own)

- Step 2: Pick out your COOL colors from your colored pencils, markers or crayons.
- Step 3: Start in the center of your design, and let the first color pick you to use. The petals or teardrop shapes can be the same color or different! Your choice.
- Step 4: Keep moving outward from the center with the next color that speaks to you, and so on until you complete the design!
- Tips: You do not have to use all three colors! You can lighten the value of a color by applying less pressure. If you use for example a light blue, try adding a bit of green or purple. on top of it in certain areas of your design.

Relax and let the colors lead you to where they want to be!

