

Relax and have fun with this simple “Zero Experience Art” project!

This is what I want you to try!

Pick three different colors: Your choice of crayon, colored pencils, or magic markers.

Pick colors you like!

Get settled in a relaxing space in your home and put on some music you like.

Pick one of your colors and let it lead you where it wants to stand out first on your mandala!

Then pick your second color and let it lead you where it wants to stand out on your mandala

Then your third color...

Go back to your first color. Where does it want to go next?

Now take your second color and put it into the design

Then your third color...

Repeat as needed.

Happy note: It's OK to leave white space in the drawing.

When finished, place your drawing where you can enjoy looking at it!

Other:

Print out the same mandala, and choose 5 different colors and let them lead you to where they want to be placed on the mandala.

RELAX AND HAVE FUN!

