

**Relax and have fun with this simple “Zero Experience Art” project!**

**This is what I want you to try!**

**Pick three different colors: Your choice of crayon, colored pencils, or magic markers.**

**Pick colors you like!**

**Get settled in a relaxing space in your home and put on some music you like.**

**Pick one of your colors and let it lead you where it wants to stand out first on your mandala!**

**Then pick your second color and let it lead you where it wants to stand out on your mandala**

**Then your third color...**

**Go back to your first color. Where does it want to go next?**

**Now take your second color and put it into the design**

**Then your third color...**

**Repeat as needed.**

**Happy note: It's OK to leave white space in the drawing.**

**When finished, place your drawing where you can enjoy looking at it!**

**Other:**

**Print out the same mandala, and choose 5 different colors and let them lead you to where they want to be placed on the mandala.**

**RELAX AND HAVE FUN!**

